

THE HOPE FOR HOME HERALD

New Partnership in Durham!

Our partnership with St Cuthbert's Hospice in Durham has resulted in the appointment of Nicola Kendall. We have been working with their Admiral Nurse, Sharron Tolman, since she attended our Namaste masterclass in June 2015. This masterclass, funded by Hope for Home, inspired Sharron to introduce Namaste care for people with dementia at home in her local area. Two of our Trustees have been working with Sharron and her colleagues writing bids and project plans to secure funding for this project and we are absolutely delighted to announce that, following successful bids to various Trusts, funding is now in place and the work is starting as we write!

This project will replicate our project with St Joseph's Hospice.

Introducing Durham's Namaste Lead

"My name is Nicola Kendall and I am the Namaste Lead at St Cuthbert's Hospice in Durham. The Namaste Care project supports people affected by advanced dementia in their own homes. Trained volunteers visit once a week to offer a variety of sensory and life story based activities to improve the quality of life for people in the late stages of dementia and to provide additional reassurance for the families.



Namaste is a Hindu word which means 'to honour the spirit within' and this becomes increasingly difficult for the person with dementia to express as their condition progresses. Namaste Care is one way to continue to connect with the person's likes, interests and life experiences to really honour the essence of who they are.

Continued overleaf....

HOPE FOR HOME ANNOUNCES NEW PROJECT FOR SOUTH EAST LONDON!

Our Trustees are delighted to announce our next major project, funded entirely by our generous supporters. This is another collaborative venture, this time with Christ Church, Gipsy Hill in Crystal Palace, and in close association with St. Christopher's Hospice in Sydenham. The project will create a Dementia Hub at Christ Church, run by a worker funded by Hope for Home.



The Hub will offer regular support by way of a group for people with dementia and their carers. In addition people living at home with dementia will be offered companionship and practical support from a trained "Compassionate Neighbour", a trained volunteer from a new national project run by St Christopher's Hospice. Volunteers will be trained about dementia by

our Hope for Home worker . Jonathan Croucher, (pictured here) Vicar of Christ Church, Gipsy Hill says " I am very excited by this ground breaking new venture. We run many community projects from our Church, and this much needed project will directly help local people affected by dementia and their families". At the time of writing we have advertised our new post, and hope the new post holder will be ready to start work soon.

Through donations made by our supporters we have been able to fund a half- time community development worker for two years at Gipsy Hill. Obviously, we would have much preferred to be able to afford funding for a full-time post, but the simple reality is that our income and savings do not allow that. We will keep you all up to date with progress in The Herald . We are very excited about this new work and we believe that it will transform the lives of many people with dementia in the Gipsy Hill area.

As a community project our plan is to build strong links within the community in Durham and Chester-Le-Street, supporting Dementia Friendly Communities work and providing hope for people going through a difficult journey. We will continue to recruit, train and supervise the volunteers, promote the project to generate referrals and to learn as we go along, so that we can adapt the project to better meet people's needs. I have worked in a variety of settings in my career, but I can honestly say that this is the most meaningful and rewarding job I have ever had and I know it touches the hearts of the volunteers and anyone else who comes into contact with it.

Hope for Home supported the funding application for this project, so are due a huge thank you for your input."

What do our Trustees do?

Hope For Home Trustees ensure the charity is managed properly and that your donations are maximised to the full to help the people we are trying to reach. Part of that role that in practice means that we give a lot of consideration to where your money will be used to make the biggest impact. We are especially interested in forming new partnerships, as in our new project in collaboration with Christ Church Gipsy Hill, and St Christopher's Hospice. We pride ourselves on funding pioneering projects, often where some may say "Oh, you can't possibly do that! That will never work!". In fact we have encountered that response to several of our projects over the past few years, and, not only have all these projects worked, they have blazed the trail for other similar projects to be funded across the U.K.

YOU can make a difference today It couldn't be simpler

1) Donate: You can make a one-off donation via our website or by sending a cheque to our address or you can become a regular giver.

Our Marathon Heroes 2017!

We are thrilled to inform you that Matt Clay, our runner for this year, completed the gruelling London Marathon in April.



This is a fantastic achievement in itself, and in the process Matt gained sponsorship of £4,000 (including gift aid) for Hope for Home. Wonderful!

This money will go directly to fund our new community development project worker in Gipsy Hill.



Without this Hope for Home would not have been able to go ahead with this work, so we hope you will see how vital fund-raising and contributions, both large and small, are so critical to us expanding our work to help families caring for their loved ones with dementia at home in a very practical way.

In addition Delyth Evans raised in excess of £300 for Hope for Home, running in the Cardiff Half Marathon on 1st October 2017.



Delyth works as a nurse in the A&E department at the Royal Glamorgan Hospital in Wales. We are enormously

grateful to both Delyth and Matt for their fundraising efforts on our behalf.

HOPE FOR HOME

REGISTERED CHARITY NUMBER 1122932

Website: www.hopeforhome.org.uk

Email: home@hopeforhome.org.uk

Telephone: 020 8463 0128

32, Foxes Dale, Blackheath, SE3 9BQ



